Fundraising Pack

You'll be supporting burn survivors and their families as well as helping reduce burn injuries to children

CBT
CHILDREN'S BURNS TRUST

www.cbtrust.org.uk

A Burn Injury is for Life

Our vision

We are the heart of a community working to reduce burn injuries to children and young people and offer support to children and families affected by a burn or scald injury.

Our aims

We make a positive difference in three ways:

➔ Raising awareness to reduce burns and scalds to children and young people with PREVENTION campaigns.

➔ Delivering DIRECT SUPPORT at the point of need following an injury.

➔ Working collaboratively to deliver access to REHABILITATION.

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Why Support Us?

30 children a day are burned by hot drinks

Hot drinks are the main cause of burns to children. 10,164 children were admitted to specialist NHS Burns Services in 2025 with a severe burn injury. Our prevention and awareness campaigns aim to reduce this number as well as promoting the right first aid should a burn injury occur.

Why your help is crucial

Severe burn injuries to children are life changing, often requiring multiple surgeries and painful treatments as they grow and develop into adulthood, returning to the specialist burn service often many miles from home.

The long term psychological scars of burns survivors, their siblings and parents/carers are as significant as the physical scars and require long term care.

Ways to donate direct to Children's Burns Trust

Your donations to the Children's Burns Trust are very much appreciated and you can be sure the money you give will go directly to help where it is most needed.

Bank transfer

Children's Burns Trust,
Barclays Bank
Sort Code: 20-21-78
Account no: 90755362

Website

Click on the DONATE button on our website to see the multiple ways you can donate online.

Donate

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Things you can do without it costing a penny...

1. Sign up to EasyFundraising: Easyfundraising partner with over 7,000 brands who will donate part of what you spend to a cause of your choice. It won't cost you anything.

2. Take a look at some of the fundraising opportunities available, such as Ultra Challenge, The Big Half and many more.

3. Plan your own fundraising activity or event, see below.

4. Email info@cbtrust.org.uk and pledge your support.

5. Sign up to our newsletter and get regular updates from Children Burns Trust. Visit www.cbtrust.org.uk (bottom of page) and then sign up your friends and colleagues.

6. Follow Children's Burns Trust on social media (see below) and share our posts.

Donate

www.cbtrust.org.uk

X (Twitter): @CBTofficial
Facebook: @childrensburnstrust
LinkedIn: @childrensburnstrust
Instagram: @childrensburnstrust
TikTok: @childrensburnstrust

What making a difference really costs...

£250 - Supports a family with petrol costs for their child to attend essential specialist burns outpatients clinic appointments.

£500 - Supports a family following a house fire.

£7,500 - Pays for a Family Rehabilitation Weekend, supporting burn survivors and their families after a burn has occurred.

£500 - Pays for a burn survivor to attend burn camp at an adventure activity centre.

£1000 - Pays for new play and exercise equipment for a Children's burns ward.

£100 - Supports prevention activity, helping raise awareness and reduce burn injuries.

How you can help...

Children's Burns Trust receives no government funding and are only able to continue the work we do as a result of our own fundraising efforts. In addition to the income we generate from events and the support of various specialist trusts, we are heavily reliant on support and donations from individuals like you.

Donate monthly

Your donations will go directly to help where it is most needed. You can set up a payment for any amount and on whatever timeframe you decide. There are a variety of ways to make the payments too. Take a look at our donations page.

Organise your own event

You may have your fundraising idea all figured out, which is great!

But if you're looking for inspiration, check out the ideas below.

www.cbtrust.org.uk

How you can help...

Sporty Fundraising ideas:

➔ Sky dives

➔ Ultra Challenge

➔ Marathons or Big Half

➔ Bike rides

➔ Golf days/golf challenges

➔ Sponsored walks

➔ Three peaks challenge

➔ Endurance challenges e.g. tough mudder

Other Fundraising ideas:

➔ Cake sale

➔ Sponsored Come Dine with Me

➔ Car boot sale

➔ Sell tickets for a movie night or disco

➔ Collect all your spare change and donate it directly to Children's Burns Trust

Approach your workplace to become a Corporate Supporter

Your workplace could pledge a minimum of £1000 a year and become a regular Corporate Supporter. We offer recognition opportunities to acknowledge your generosity, including visibility on our website, social media channels, and at our events.

Arthur

Coffee – Age 2 yrs, 9 mo.

- 10 days in hospital
- 2 operations

“

Following Arthur’s accident I’m determined to raise awareness of the dangers of hot drinks and how these devastating injuries can happen in seconds.

Arthur’s Mum

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Rosie-May

Firework – Age 4

- 6 weeks in hospital
- 2 operations

An evening of fun and laughs with friends very quickly turned into my worst nightmare. Rosie-May's strength and bravery inspire us every day, she says her scars are just a part of her now.

Rosie–May's Mum

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Get in touch

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